SPRING 2027
COURSE TITLE: Orthodox Christian Spirituality (4 units)
COURSE NUMBER: MDGK 3352
SECTION TIMES/DAYS: T/TH 8 AM – 9:40 AM
INSTRUCTOR: Fr. Michael Courey, DMin
CORE ATTRIBUTES: Integrations | Faith and Reason

COURSE DESCRIPTION:

Students will be introduced to the rich spiritual tradition of Eastern Orthodox Christianity. The principles of spiritual development and various dimensions of spirituality will be examined. Principal topics and sources will range from the biblical texts, the oral and written sayings of the desert fathers and mothers, and ancient as well as modern monasticism.

STUDENT LEARNING OUTCOMES

Students completing the course will:

- gain knowledge of the theological foundation of Orthodox Christian spirituality.
- enhance listening and communication skills on aspects presented in lecture format with an emphasis on a systematic theological approach.
- be exposed to major figures who have contributed to the written tradition of Orthodox Christian spirituality
- develop writing skills from selected topics.

PREREQUISITES/RECOMMENDED BACKGROUND: N/A

COURSE WORK/EXPECTATIONS:

The course requires weekly readings, a mid-term exam and a final research paper.

Attendance & participation: 10%
Mid-term exam: 40 %
Final Research Paper: 50%